



2011 Parent's Top Ten List

1. Have more fun and more fun together!
2. Do something outdoors with your family on a regular basis to keep everyone connected with nature
3. Invest in yourself as a parent at least once a month – take a course or workshop, read a book, observe another parent, call a friend, receive some coaching
4. Check the balance in your emotional bank account with your spouse at least once a week and add deposits
5. Check the balance in your emotional bank account with your child at least once a week and add deposits
6. Repair mistakes and upsets in your relationships
7. Teach your children to repair mistakes and upsets in their relationships
8. Share your mistakes with your children
9. Determine and share with one another the [love language](#) of everyone in your family
10. Be clear on who owns the problem

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